

Care for kids
who don't feel so good...

T • H • E

Comfort

Zone

515-294-3333

[www.universitycommunitychildcare.org/
comfort-zone](http://www.universitycommunitychildcare.org/comfort-zone)

Thank you for pre-registering your child(ren) for use of The Comfort Zone!

Welcome to The Comfort Zone, care for kids who don't feel so good. This program is designed to address the childcare needs of families at Iowa State University and the Story County community. The Comfort Zone serves as your partner to assist in balancing the demands of work or education and child rearing.

It is our goal to help your child slowly return to normal activity during a time of illness. We are the place where your child moves toward being well again.

To insure that your use of The Comfort Zone is seamless, please insure that all the documents are complete, current, signed and dated.

The attached documents should be completed as follows:

- Registration Form** to be completed by parent in its entirety - signed and dated by parent
- Physical Form** to be completed by physician in its entirety - signed and dated by physician
 - **McFarland Clinic Physical Form** to be used for all McFarland Clinic physicians
 - **Generic Physical Form** may be used for all other physicians
- Immunization Record** is completed by physician showing that child is up-to-date - signed and dated by physician

Please be sure to **call ahead** to insure that we have received the documents and that we are open with space for your child to attend for the day(s) needed.

We look forward to being of service to you and your family!

Sincerely,

The Comfort Zone Staff

The Comfort Zone

2623 Bruner Drive Ames, Iowa 50010

Phone: (515) 294-3333 Fax: (515) 294-7156

Email: czone@iastate.edu



Parent/Guardian Contact Information:

Child's name: _____ Birthdate: _____

Parent legal name: _____ (c) phone: _____

Address: _____ (h) phone: _____

_____ Email: _____

ISU Student ISU Staff UCC Staff Community

Parent legal name: _____ (c) phone: _____

Address: _____ (h) phone: _____

_____ Email: _____

ISU Student ISU Staff UCC Staff Community

Siblings: _____ Birthdate: _____

_____ Birthdate: _____

_____ Birthdate: _____

Parental Emergency Consent (Child's usual source of medical care):

Doctor name: _____ Phone: _____

Address: _____ Fax: _____

Dentist name: _____ Phone: _____

Address: _____ Fax: _____

Hospital: _____ Phone: _____

Address: _____

Health Insurance subscriber name: _____

Health Insurance carrier/ID number: _____

Special conditions, disabilities, allergies or medical information for emergency situations:

A. The Comfort Zone staff will be authorized to access emergency medical, dental and/or surgical care for my child.

B. Local EMT staff/first responder staff (ISU Dept. of Public Safety, City of Ames police and/or firefighters) have my consent to provide medical/dental/surgical treatment as necessary.

C. The Comfort Zone staff will arrange for emergency transportation to the hospital of my choice or the nearest emergency medical facility, if necessary.

D. I agree to pay all costs and fees contingent on any emergency medical, dental and/or surgical treatment for my child as secured or authorized under this consent.

Pick-up Permission:

The following people have my permission to pick up my child. I understand it is my responsibility to notify the Comfort Zone, in writing, of any changes. Photo ID required for any person picking up a child that is unknown to staff.

A. Name: _____

Phone: _____

Relationship to child: _____

B. Name: _____

Phone: _____

Relationship to child: _____

Parent/Guardian _____ Date of signature _____

(signature of agreement and consent)

Pre-registration Checklist:

- Current physical
- Immunization record
- Income information
(To participate in the sliding fee scale)

Picture Release:

I do do not give my consent for my child to be photographed for use by the Comfort Zone in newspapers or other media for the purpose of publicity/advertisement.

Initial: _____

Parent Handbook Agreement:

I agree to abide by the policies as outlined in the Comfort Zone Parent Handbook. (Ask for a copy if you don't have one.)

Initial: _____

CHILD'S NAME: _____

Birth date: _____

Date of Exam: _____

Height/Length: _____

Weight: _____

Head Circumference: _____

BP (start @ 3yr): _____

Allergies: _____

Known health and/or medical issues: _____

LABS:

Hgb or Hct: _____ Date tested: _____

Blood lead level: _____ Date tested: _____

Sensory Screening

Vision: Right eye _____ Left eye _____

Hearing: Right ear _____ Left ear _____

Exam Results (n = normal limits)

HEENT: _____

Oral/Teeth: _____ Dental referral? ___Yes ___No

Neurological: _____

Skin & Lymph Nodes: _____

Heart: _____

Lungs: _____

Abdomen: _____

Genitalia: _____

Extremities, Joints, Muscles & Spine: _____

Immunizations: Please attach a copy of the Iowa Department of Public Health Immunization Certificate (IRIS)

Medication: Prescribed Medications must be in original labeled container and include written instructions on label. List any prescription medications:

Non-Prescription Medications:

Sunscreen: May be applied with parental consent to children older than 6 months. Apply to exposed skin, except eyelids, 30 minutes before sun exposure, and every 2 hours while in the sun.

Diaper Cream: May be applied with parental request to children as needed until they are toilet trained. Diaper cream should be applied according to the instructions provided by the manufacturer.

Other non-prescription medications: to be given at daycare provider's discretion and parent/guardian's instructions.

Health Provider Assessment Statement:

Developmental screening:

___normal ___abnormal

Developmental referral made:

___yes ___no

_____ Child may participate in developmentally appropriate activities with **NO** health-related restrictions

_____ Child may participate in developmentally appropriate activities **with the following restrictions:**

P

Physician Signature

Clinic Name & Contact Information:

CHILD'S NAME: _____

Birth date: _____

Date of Exam: _____

Height/Length: _____

Weight: _____

Head Circumference: _____

BP (start @ 3yr): _____

Allergies: _____

Known health and/or medical issues: _____

LABS:

Hgb or Hct: _____ Date: _____

Blood lead level: _____ Date: _____

Sensory Screening:

Vision: Right eye: _____ Left eye: _____

Hearing: Right ear: _____ Left ear: _____

Exam Results (n = normal limits)

HEENT: _____

Oral/Teeth: _____ Dental referral? ___Yes ___No

Neurological: _____

Skin & Lymph Nodes: _____

Heart: _____

Lungs: _____

Abdomen: _____

Genitalia: _____

Extremities, Joints, Muscles & Spine: _____

Developmental screening: ___ normal ___ abnormal

Developmental referral made: ___ yes ___ no ___ n/a

Immunization Records: *Please attach a copy of the Iowa Department of Public Health Immunization Certificate (IRIS)*

Medication: Prescribed Medications must be in original labeled container and include written instructions on label. List any prescription medications:

Non-Prescription Medications:

Sunscreen: May be applied with parental consent to children older than 6 months. Apply to exposed skin, except eyelids, 30 minutes before sun exposure, and every 2 hours while in the sun.

Diaper Cream: May be applied with parental request to children as needed until they are toilet trained. Diaper cream should be applied according to the instructions provided by the manufacturer.

ALL non-prescription medications: to be given at daycare provider's discretion per parent/guardian's request and instructions.

Health Provider Assessment Statement:

Child may participate in developmentally appropriate activities with NO health-related restrictions

Child may participate in developmentally appropriate activities with the following restrictions:

X _____
Physician Signature Date

Iowa Child Care Regulations require an admission physical exam report within the previous year and annually thereafter. Additionally, The Comfort Zone requires a current physical exam report and immunization record to provide care of mildly ill children.



Iowa Department of Public Health Certificate of Immunization

Name Last: _____ First: _____ Middle: _____ Date of Birth: _____

Parent/Guardian: _____ Address: _____ Phone: _____

I certify that the above named applicant has a record of age-appropriate immunizations that meet the requirement for licensed child care or school enrollment.

Signature: _____ Date: _____

Physician, Physician Assistant, Nurse, or Certified Medical Assistant

A representative of the local Board of Health or Iowa Department of Public Health may review this certificate for survey purposes.

	Vaccine	Date Given	Doctor / Clinic / Source
Diphtheria, Tetanus, Pertussis DTaP/DTP/DT/Td/Tdap			
Polio IPV/OPV			
Measles, Mumps, Rubella MMR			
Haemophilus influenzae type b Hib			
Hepatitis B			

	Vaccine	Date Given	Doctor / Clinic / Source
Varicella Chicken Pox <i>If applicant has a history of natural disease write "Immune to Varicella"</i>			
Pneumococcal PCV/PPSV			
Meningococcal MCV/MPSV/ Mening B			
Hepatitis A			
Rotavirus			
Human Papilloma Virus HPV			
Other			

IMMUNIZATION REQUIREMENTS

Applicants enrolled or attempting to enroll shall have received the following vaccines in accordance with the doses and age requirements listed below. If, at any time, the age of the child is between the listed ages, the child must have received the number of doses in the "Total Doses Required" column.

Institution	Age	Vaccine	Total Doses Required	
Licensed Child Care Center	19 months through 23 months of age	This is not a recommended administration schedule, but contains the minimum requirements for participation in licensed child care. Routine vaccination begins at 2 months of age.		
			Diphtheria/Tetanus/Pertussis	1 dose
			Polio	1 dose
			<i>haemophilus influenzae</i> type B	1 dose
			Pneumococcal	1 dose
			Diphtheria/Tetanus/Pertussis	2 doses
			Polio	2 doses
			<i>haemophilus influenzae</i> type B	2 doses
			Pneumococcal	2 doses
			Diphtheria/Tetanus/Pertussis	3 doses
			Polio	2 doses
			<i>haemophilus influenzae</i> type B	2 doses if the applicant received 1 dose before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older.
			Pneumococcal	3 doses if the applicant received 1 or 2 doses before 12 months of age; or 2 doses if the applicant has not received any previous doses or has received 1 dose on or after 12 months of age.
			Diphtheria/Tetanus/Pertussis	4 doses
Polio	3 doses			
<i>haemophilus influenzae</i> type B	3 doses, with the final dose in the series received on or after 12 months of age; or 2 doses if only 1 dose received before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older.			
Pneumococcal	4 doses if the applicant received 3 doses before 12 months of age; or 3 doses if the applicant received 1 or 2 doses before 12 months of age; or 2 doses if the applicant has not received any previous doses or has received 1 dose on or after 12 months of age.			
Measles/Rubella ¹	1 dose of measles/rubella-containing vaccine received on or after 12 months of age; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.			
Varicella	1 dose received on or after 12 months of age, unless the applicant has a reliable history of natural disease.			
Diphtheria/Tetanus/Pertussis	4 doses			
Polio	3 doses			
<i>haemophilus influenzae</i> type B	3 doses, with the final dose in the series received on or after 12 months of age; or 2 doses if only 1 dose received before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older.			
Pneumococcal	Hib vaccine is not required for persons 60 months of age or older. 4 doses if the applicant received 3 doses before 12 months of age; or 3 doses if the applicant received 2 doses before 24 months of age; or 2 doses if the applicant received 1 dose before 24 months of age; or 1 dose if the applicant did not receive any doses before 24 months of age.			
Measles/Rubella ¹	Pneumococcal vaccine is not required for persons 60 months of age or older. 1 dose of measles/rubella-containing vaccine received on or after 12 months of age; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.			
Varicella	1 dose received on or after 12 months of age, unless the applicant has had a reliable history of natural disease.			
Elementary or Secondary School (K-12)	24 months of age and older	This is not a recommended administration schedule, but contains the minimum requirements for participation in licensed child care. Routine vaccination begins at 2 months of age.		
			Diphtheria/Tetanus/	3 doses, with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born on or before September 15, 2000 ² ; or 4 doses, with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born after September 15, 2000 ² ; or 5 doses with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born after September 15, 2003 ² ; and 1 time dose of tetanus/diphtheria/acellular pertussis-containing vaccine (Tdap) for the applicant in grades 7 and above, if born after September 15, 2000; regardless of the interval since the last tetanus/diphtheria-containing vaccine.
			Pertussis ^{4, 5}	3 doses, with at least 1 dose received on or after 4 years of age if the applicant was born on or before September 15, 2003 ⁷ ; or 4 doses, with at least 1 dose received on or after 4 years of age if the applicant was born after September 15, 2003 ⁶
			Polio	Polio vaccine is not required for persons 18 years of age or older. 2 doses of measles/rubella-containing vaccine; the first dose shall have been received on or after 12 months of age; the second dose shall have been received no less than 28 days after the first dose; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.
			Measles/Rubella ¹	3 doses
			Hepatitis B	1 dose received on or after 12 months of age if the applicant was born on or after September 15, 1997, but born on or before September 15, 2003, unless the applicant has had a reliable history of natural disease; or 2 doses received on or after 12 months of age if the applicant was born after September 15, 2003, unless the applicant has a reliable history of natural disease. ⁸
			Varicella	1 dose of meningococcal vaccine received on or after 10 years of age for the applicant in grades 7 and above, if born after September 15, 2004; and 2 doses of meningococcal vaccines for the applicant in grade 12, if born after September 15, 1999; or 1 dose if received when the applicant is 16 years of age or older.
			Meningococcal (A, C, W, Y)	

1 Mumps vaccine may be included in measles/rubella-containing vaccine.
2 DTaP is not indicated for persons 7 years of age or older, therefore, a tetanus and diphtheria-containing vaccine should be used.
3 The 5th dose of DTaP is not necessary if the 4th dose was administered on or after 4 years of age.
4 Applicants 7 through 18 years of age who received their 1st dose of diphtheria/tetanus/pertussis-containing vaccine before 12 months of age should receive a total of 4 doses, with one of those doses administered on or after 4 years of age.
5 Applicants 7 through 18 years of age who received their 1st dose of diphtheria/tetanus/pertussis-containing vaccine at 12 months of age or older should receive a total of 3 doses, with one of those doses administered on or after 4 years of age.
6 If an applicant received an all-inactivated poliovirus (IPV) or all-oral poliovirus (OPV) series, a 4th dose is not necessary if the 3rd dose was administered on or after 4 years of age.
7 If both OPV and IPV were administered as part of the series, a total of 4 doses are required.
8 Administer 2 doses of varicella vaccine, at least 3 months apart, to applicants less than 13 years of age. Do not repeat the 2nd dose if administered 28 days or greater from the 1st dose. Administer 2 doses of varicella vaccine to applicants 13 years of age or older at least 4 weeks apart. The minimum interval between the 1st and 2nd dose of varicella for an applicant 13 years of age or older is 28 days.